



SMSC & British Values – Subject Leader Overview

Subject: Physical Education (PE)

1. Subject Overview

Physical Education contributes significantly to pupils' social, moral and personal development through teamwork, competition, leadership and resilience.

Through active participation, pupils learn to follow rules, respect others, cooperate and manage both success and challenge. PE provides real-life, practical opportunities to experience British Values such as fairness, respect and responsibility in action.

2. SMSC Mapping

Spiritual Development

Key opportunities:

- Developing confidence and self-belief
- Experiencing enjoyment, achievement and challenge
- Reflecting on personal performance and improvement

Examples:

- Pupils setting and reviewing personal fitness goals
- Reflecting on performance after activities
- Experiencing pride in individual and team achievements

Moral Development

Key opportunities:

- Understanding fairness, rules and consequences
- Developing sportsmanship and honesty
- Making responsible choices during competition

Examples:

- Following rules in games and respecting outcomes
- Discussing fair play and behaviour in sport
- Responding appropriately to winning and losing

Social Development

Key opportunities:

- Teamwork and cooperation
- Leadership and communication
- Supporting and encouraging others

Examples:

- Team games requiring collaboration
- Sports Leaders supporting younger pupils
- Partner and group work in lessons

Cultural Development

Key opportunities:

- Exploring a range of sports and physical activities
- Understanding diversity and inclusion in sport
- Recognising the role of sport in different cultures

Examples:

- Learning games from different countries
- Discussing diversity in professional sport
- Participation in a range of inclusive activities

3. British Values Mapping

British Value	How this is developed in PE	Examples / Evidence
Democracy	Pupils contribute to team decisions and roles	Team selection, pupil voice
Rule of Law	Following rules in games and understanding consequences	Gameplay, teacher observation
Individual Liberty	Making choices and developing independence	Personal challenges, skill development
Mutual Respect	Respecting teammates, opponents and staff	Behaviour in lessons and competitions

'have life and have it to the full'



Tolerance	Inclusion of all pupils regardless of ability or background	Inclusive participation
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4. Curriculum Examples Across the School

(4–6 strong examples – not every year group)

Year Group / Unit	SMSC Links	British Values	What this looks like in practice
Y1 Games	Social (sharing, teamwork)	Mutual Respect	Taking turns, sharing equipment, encouraging others
Y3 Gymnastics	Spiritual (confidence, reflection)	Individual Liberty	Pupils creating and evaluating their own sequences
Y4 Invasion Games	Moral (fairness, rules)	Rule of Law	Following game rules and accepting referee decisions
Y5 Dance	Cultural (expression, identity)	Tolerance	Exploring dance styles from different cultures
Y6 Athletics	Social & Moral (competition, resilience)	Respect & Law	Demonstrating sportsmanship in competitive events

5. Teaching and Learning

- **Discussion and questioning:** Reflecting on fairness, teamwork and performance
- **Collaborative learning:** Team games, paired work and group activities
- **Opportunities for reflection:** Evaluating performance and setting targets
- **Pupil voice / independence:** Leading warm-ups, making decisions in games

6. Wider Opportunities

- Inter-house competitions
- School sports events and tournaments
- Sports Leaders programme
- After-school sports clubs

7. Evidence

- Teacher observation of teamwork and behaviour
- Participation in lessons and competitions
- Photographs of events and activities
- Pupil voice
- Sports Leader involvement

8. Impact

Pupils:

- work cooperatively and show strong teamwork skills
- understand and follow rules consistently
- demonstrate fairness and respect in competitive situations
- show resilience and confidence
- actively participate and enjoy physical activity

9. Evaluation

Strengths

- High levels of participation and engagement
- Strong teamwork and cooperation
- Clear understanding of rules and fairness

Next Steps

- Further develop pupil leadership opportunities
- Increase explicit links to cultural diversity in sport
- Strengthen references to British Values in planning